

## Salmon Friendly Recipes

### House and Home

#### Salmon-Friendly Air Freshener

Set a small dish of vinegar or lemon juice in a warm area.

#### Salmon-Friendly Carpet Cleaner

Sprinkle the carpet with this mixture, let stand one hour, then vacuum to neutralize odors.

- 1 cup borax
- 2 cups cornmeal

#### Salmon-Friendly Floor Cleaner

Mop floors with 1 cup vinegar mixed with 2 gallons water.  
Mop with skim milk to polish linoleum floors.

#### Salmon-Friendly All-Purpose Cleaner

- 1 quart warm water
- 1 teaspoon liquid soap
- 1 teaspoon borax
- 1/4 cup vinegar

#### Salmon-Friendly Window Cleaner

Use the following mixture in a spray bottle, and wipe with newspapers instead of paper towels.

- 1/4 cup vinegar or 2 tablespoons lemon juice
- 1 quart water

#### Salmon-Friendly Mothballs

Use cedar chips instead!

#### Salmon-Friendly Wood Polish

Use almond or olive oil on interior wood.

### Kitchen & Bath

#### Salmon-Friendly Detergent

Use simple soap or phosphate-free detergent!

#### Salmon-Friendly Disinfectant

Use ammonia instead!

#### Salmon-Friendly Bleach

Use borax instead!

#### Salmon-Friendly Chlorine Scrubbing Powder

Use baking soda instead!

#### Salmon-Friendly Hand Cleaner

Use baby oil or margarine!

#### Salmon Friendly Drain Cleaner

Try the plunger first. Next, pour 1/2 cup of baking soda followed by 1/2 cup of vinegar down the drain. Cover, and let sit for 15 minutes. Pour in 2 quarts of boiling water, and the clog should disappear. If you do this weekly, you can prevent clogs and keep the drains smelling fresh.

#### Salmon-Friendly Chrome Cleaner

Use apple cider vinegar to clean it, baby oil to polish it.

#### Salmon-Friendly Oven Cleaner

Pour salt on fresh oven spills, then scrape off residue when oven cools. Use ammonia on tough stains or get a pumice stick from your hardware store.

#### Salmon-Friendly Tile Cleaner

Scrub with baking soda and a toothbrush.

#### Salmon-Friendly Toilet Bowl Cleaner

Use baking soda or borax instead!

#### Salmon-Friendly Fiberglass Stain Remover

Use a paste of baking soda and water.

#### Salmon-Friendly Ant Bait

Make chili powder packets to keep ants out of your kitchen.

Be part of the solution! By using these alternatives Oregonians can help restore clean water and salmon.

—From The Oregon Plan for Salmon and Watersheds.

# Salmon Friendly Recipes

## Lawn & Garden

### Salmon-Friendly Fertilizer

Mix in a 20 gallon, hose-end sprayer. Use every three weeks in the morning within two days of mowing.

- 1 can beer
- 1/2 cup molasses or corn syrup
- 1/2 cup lawn food
- 1/2 cup dish soap (phosphorus free)
- 1 cup ammonia

### Salmon-Friendly Weed Control

Mix in hand pump sprayer. Use only on dry days. Spray only weeds.

- 1 cup dish soap (phosphorus free)
- 4 tablespoons instant tea
- 1 cup ammonia

### Salmon-Friendly Insect Control

Mix in a 20 gallon, hose-end sprayer. Best when applied in the evening after 7 p.m. Can be sprayed on all plants.

- 1/2 cup chewing tobacco tea (make by brewing 3 fingers per gallon of water)
- 1/2 cup dish soap (phosphorus free)
- 4 tablespoons instant tea
- 2 tablespoons witch hazel

### Salmon-Friendly Lawn

Mix in a 20 gallon, hose-end sprayer. Use every three weeks in the morning within two days of mowing.

- Perennial ryegrass “Elka” or hard fescue 80%
- Common white yarrow 5-10%
- Strawberry clover 5-10%
- English daisy 20%
- Roman chamomile 3%

### Salmon-Friendly Pressure Washing Solution

Try water first: Water pressure alone often removes the dirt and grime.

- 2 cups mild laundry detergent
- 1/4 cup vinegar juice
- 1/4 cup lemon juice

### Salmon-Friendly Compost Starter

For quick composting with minimal odor, start with a mixture of browns (dried up plant material) and greens (kitchen scraps and grass). Never add meat scraps, bones or milk products. Do add eggshells, paper, coffee grounds and filters.

- 3 parts dry leaves (browns)
- 2 parts fresh garden weeds and grass clippings
- 1 part food scraps (greens)
- 2 parts water (or beer) added periodically

Be part of the solution! By using these alternatives Oregonians can help restore clean water and salmon.

–From The Oregon Plan for Salmon and Watersheds.